

PROSTATE CANCER

Prostate cancer is one of the most common types of cancer in men. It usually grows slowly, however, some types of prostate cancer can be aggressive and spread quickly.

14%

An estimated life time risk of having a prostate cancer diagnosis is about 14%.



Early detection and treatment has a better chance of successful treatment.

Symptoms of prostate cancer:

- None in the early stages
- Difficulty urinating
- Blood in the semen
- Pelvic discomfort
- Bone pain
- Erectile dysfunction.

Risk factors for prostate cancer:

- Age - Approximately 2 out of 3 prostate cancers occur in men over the age of 65.
- Obesity
- Family history of prostate cancer or breast cancer.
- African American men are at higher risk.

Treatment options can include:

- Active surveillance of slow growing cancer and treat only when it begins to grow or show symptoms.
- Surgery
- Radiation therapy
- Hormonal therapy to block cancer cells from growing.

Screening tests may include:

- Digital rectal exam
- Prostate specific antigen (PSA).
- Ultrasound if positive rectal exam and/or PSA
- Prostate Biopsy if positive rectal exam and/or PSA.



To screen or not to screen for prostate cancer is a discussion to be made by the patient with his doctor to determine the need for it. Start the discussion at age 40 for men with 2 or more close relatives with prostate cancer before the age of 65.

Want to schedule an appointment?

Log in at patients.careatc.com or call **800.993.8244**

Or use the CareATC mobile app! Search 'CareATC' in your Android or Apple app store. Download and log in using your patient portal username and password! Need help? Call 800.993.8244.

