



## HOW TO COMPLETE YOUR HEALTH HISTORY FORM

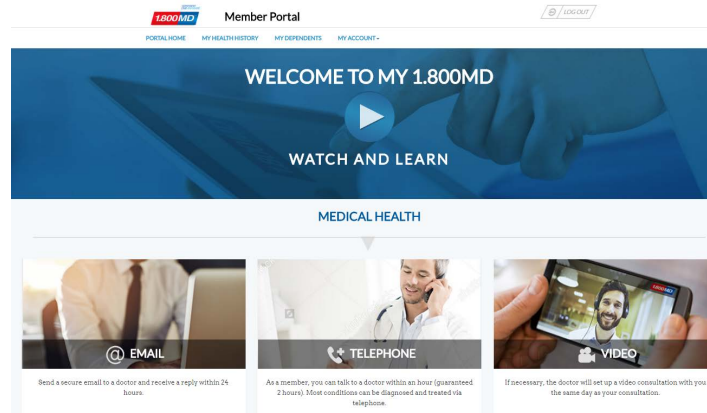
**1.800MD provides access to physicians 24/7 via the phone for diagnosing and treating acute care illnesses.**

### Once You Register:


- Go to [www.1800md.com](http://www.1800md.com) to get started
- Select member login then enter username/password
- Welcome to your member portal!



\*Available only on Google Chrome or Firefox browsers



- Select the " **MY HEALTH HISTORY** " tab

- Complete entire health history form then click  \*

\*Please make sure you have filled out the form completely before requesting a consult. This ensures that doctors are receiving accurate information to give you the best care possible.