

CONVENIENT
CARE ANYWHERE



IMPORTANT HEALTH INFORMATION

THE CORONAVIRUS: What You Should Know

Learn more about the illness and how to protect your family by reading our frequently asked questions below.

What is the coronavirus?

The coronavirus (COVID-19) is a respiratory illness that can be spread from person to person. The coronavirus outbreak was first detected in Wuhan City, Hubei Province, China and has now been detected in the United States.

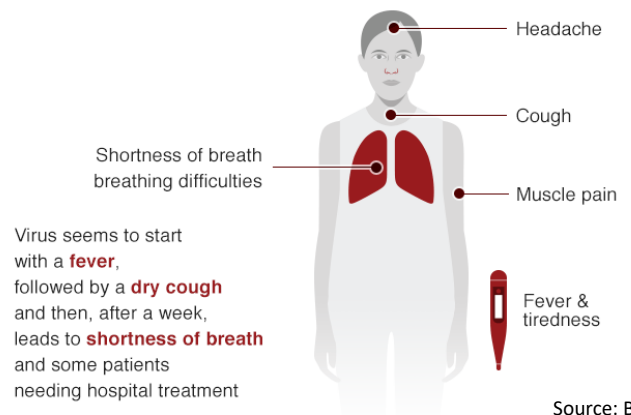
What are symptoms of the virus?

Coronavirus (COVID-19) symptoms include:

- Fever
- Dry cough
- Shortness of breath
- Gastrointestinal issues

Severe complications include kidney failure and pneumonia in both lungs. The elderly population and those with chronic conditions are more susceptible to severe complications.

Symptoms of coronavirus (Covid-19)



Are there currently any vaccines?

There is no current vaccine to help prevent coronavirus although research is currently underway to develop a vaccine, but it could take time before a vaccine is developed and approved for use.

How can I protect myself from contracting the disease?

To help protect against all respiratory illnesses, including the flu and Coronavirus, you should:

- Wash your hands frequently for at least 20 seconds with soap and warm water
- Avoid touching your face with unwashed hands
- Avoid close contact with people who are sick
- Clean and disinfect surfaces that are frequently touched
- Stay at home and away from others if you are feeling ill
- Cover coughs and sneezes then wash your hands



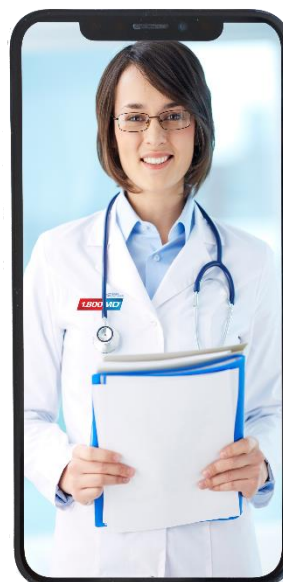
What if there are sick people around me? Am I at risk?

Influenza and the common cold are far more likely causes of respiratory illnesses. You can protect yourself by frequently washing your hands, distancing yourself from people who are sick, and getting the flu vaccine. For public safety reasons, returning travelers may be screened at the airport.

What should I do if I don't feel well and believe that I may have a respiratory illness?

1.800MD is always available (24/7/365). Members in need of medical assistance can contact us to quickly connect with a board-certified physician. Our physicians are skilled at diagnosing and providing treatment plans for a large variety of conditions, including respiratory illnesses. Also, our physicians provide follow-up consultations, if needed, and prescribe medication when deemed necessary.

[Click here](#) to view commonly treated conditions.



For the most current information on coronavirus (COVID-19) from the Center of Disease Control (CDC), [click here](#).

